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‘We need the full picture’ of opioids: Critic

OVERDOSES

Increased fentanyl reporting better, but more wanted



Kevin Maimann
Metro | Edmonton

Alberta’s decision to increase the frequency of its reporting of fentanyl death statistics does not go far enough, some critics say.

On Tuesday, as the province released its fourth-quarter numbers of 2016 fentanyl overdose deaths, it promised quarterly reports on opioid deaths from now on, as well as interim reports on fentanyl deaths every six weeks.

But Petra Schulz, who lost a son to fentanyl overdose and who told Metro on Monday there is a need for faster reporting of overdose numbers, is puzzled by the exclusion of opioids other than fentanyl from the interim reports.

“It’s a step in the right direction, but why limit it to fentanyl? We need

the full picture,” said Schulz, who’s an instructor in MacEwan University’s faculty of health and community studies.

A report released in late 2016 showed that while 52 people fatally overdosed on fentanyl in Edmonton from January through September of 2016, a higher number — 63 — were killed by opioids other than fentanyl.

“One would expect that they would give us full numbers. It’s really hard to respond to the crisis if they don’t really know what it looks like,” Schulz said.

Public health doctors have also called for real-time surveillance of opioid overdose data in Alberta.

But associate Health Minister Brandy Payne said Tuesday the process to get accurate overdose numbers is rigorous and it is taking time for the province to catch up on reporting data.

“Those numbers can be fluid,” Payne said. “We believe that the interim reporting on fentanyl numbers strikes that balance between timeliness of the data, as well as accuracy of the data.”

Payne said 343 people died from fentanyl in Alberta last year, up from 257 in 2015 and 117 the year before.



BUT WHAT ABOUT THE GOJIS?

The story of how a proposed 80-storey tower threatens traditional goji berry bushes in the river valley

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KEVIN TUONG/FOR METRO

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Public board's religion bid

EDUCATION

Catholic programming proposal by chair stirs pot



Kevin Maimann
Metro | Edmonton

The Edmonton Public School Board Chair's plan to add Catholic programming is not sitting well with the group that represents Alberta's Catholic trustees.

Public board chair Michael Janz wrote a blog post Monday stating he is looking into adding Catholic-based faith programming, pending approval from his board and Education Minister David Eggen.

"We can save the province millions of dollars by building a public school that is an umbrella that has a variety of choices within it for families," Janz told Metro on Tuesday.

Edmonton Catholic Schools referred media requests to the Alberta Catholic Trustees Association Tuesday, which issued



Edmonton Public School Board Chair Michael Janz wants to add a Catholic programming option in the public school district. SUPPLIED

a statement that said Catholic courses belong in Catholic schools.

"Alberta's Catholic Schools have always been places where our Catholic faith plays a vital role in the learning development of our students," the statement reads. Its authors added that classes are "taught by faith witnesses who are

more than teachers but sacraments to God's grace."

But Janz said he is frequently asked why Edmonton public does not have a Catholic program. "Let's say there was an opportunity to build a new public school that had a few classrooms set aside for Catholic education — that would alleviate the need to build addi-

tional Catholic schools.

"It would also alleviate the need for the province to replace every single existing public or Catholic school on a one-to-one basis," he said.

He was told in the past that public schools are not allowed to offer Catholic programs, he said, but that the rules are murky and he hopes to get

“Let's say there was an opportunity to build a new public school that had a few classrooms set aside for Catholic education — that would alleviate the need to build additional Catholic schools.”

Michael Janz

clarification from Eggen later this month.

Barbara Silva, a former teacher with public education advocacy group Support Our Students Alberta, said she appreciates that Janz's proposal could cut expenses and eliminate duplicate costs, but disagrees with religious segregation of any form in schools.

"We're missing the invaluable benefit of children learning across cultures, across faiths, across ability," Silva said.

LITERATURE

Author Boyden to speak



Tim Querengesser
Metro | Edmonton

Weeks after city administrators and event organizers cancelled an appearance by controversial author Joseph Boyden at the Winter Cities Shake-Up this month, the Alberta Teachers' Association is confirming Boyden will still speak at their conference this Friday.

Officials confirmed to Metro on Tuesday that Boyden will speak for one hour at the event, being held at the Shaw Conference Centre.

Association spokesperson Jonathan Tegtmeyer said Boyden's speaking engagement was booked before an APTN story broke in December, which blew open the author's often confusing claims to Indigenous ancestry. "He's going to speak to teachers about being a writer and as an internationally acclaimed author, not as an expert on Indigenous issues," Tegtmeyer said.

TONIGHT NEW CANADIANS PITCH THE DRAGONS



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How to embrace the winter cold

Three visionaries have some ideas, and they'll share them on Feb. 16, when NextGen and the Winter Cities Shake-Up partner to showcase Pecha Kucha talks that celebrate all things winter. Metro spoke with some of the Pecha Kucha speakers to learn more about their cold-embracing ideas. **JEREMY SIMES** METRO



Shafraaz Kaba

Make Churchill warm with fires and booze

Shafraaz Kaba is pushing to re-imagine Churchill Square during winter nights, and one of the big ideas is food trucks that can serve booze. Kaba, an architect with architecture firm Manasc Isaac, said his presentation examines how Churchill can become a popular gathering place during winter, especially when people are downtown for Oilers games. What the square needs to draw people, he said, are fire pits and heated patios that also include hot beverages — or a bit of booze.

"It's about creating these magnetic spaces that attract people together," Kaba said. "If we made them opportunities for people to have a hot drink or a 'warming' drink with a licensed bar, that might be magnet to draw people." But there's one problem: Liquor laws. "When we tried to sell drinks out of a popup truck for an event on a Friday night, we ran into a bunch of red tape," he said. "We have to make this a little easier."



Michele Perret

Make winter negatives into positives

Michele Perret wants residents to ditch their negative attitudes about winter.

Perret, the community engagement lead at engineering firm Stantec, said she will talk about all the positive things that come with Edmonton's deep cold.

"Sometimes we have a negative view of our long cold winters," she said. "It's about being positive and saying, 'What are the good things about these super sunny winters we have even when it's frigid?'"

Perret said winter allows people to skate, ski, explore amenities like ice castles and festivals and even bike.

"I personally enjoy dressing up in snow pants and I love to hear the sound of snow crunching when I walk — you really don't get that same sound when you're at the beach," she said.



Darren Proulx

Use snow to build a better city

Darren Proulx says snow is a great tool for urban planners and Edmonton needs to use it.

Proulx, transportation planning engineer and principal with Slow Streets, a pedestrian advocacy group, said he will discuss what snow can teach people about public spaces.

"You can see where people are travelling and where they aren't travelling," Proulx explained.

"By looking at that, how much space do cars need on our roads?"

He added public spaces also don't have to be temporary due to snow.

For instance, Proulx noted a "parklet" near Whyte Avenue turns into two parking stalls during winter months.

"It's like we treat the fun things as only a summer thing and don't tend to extend that over into the winter."

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Debbie Beaver is part of a new non-profit group working to document the experiences of the early black settlers to Alberta. KEVIN TUONG/FOR METRO

'We have been here for a long time'

HERITAGE

Group busy documenting history of black pioneers



Alex Boyd
Metro | Edmonton

Debbie Beaver is a fourth-generation Albertan who gets tired of people asking where she's from.

The answer is a farm near Barrhead, but it doesn't satisfy most who ask, she said.

"They would say, 'Well, before that, where was your dad from?'" she said.

"Well, my dad was born in the same place."

As Black History month unfolds, Beaver is working to make more people aware of the long history black settle-

ment has here. She's part of new non-profit group that's aiming to create a historical exhibit and even pushing to see black history added to the provincial curriculum.

Beaver's ancestors were settlers. She was raised on the same land her great-grandparents settled after fleeing the oppressive Jim Crow laws in the United States.

They endured their first winter living in a dugout covered by logs they'd chopped down, Beaver said.

Many black pioneers came to Alberta for the same reasons Europeans did — for the rich farmland the Canadian government was giving away cheap (or for free), having essentially taken it from Indigenous peoples who were already living on it.

Beaver said there was racism in Canada for black people, but the remote locale offered the new arrivals an escape from the

oppression they faced south of the border.

"Down in the states, you couldn't go anywhere, but in Alberta, the rural people didn't suffer as much as the people in the city, because they were self-sufficient," she said.

Inhabitants of the main black communities also lived close enough to each other that they had an active social life, too, she said.

"It was hard, the harsh winters and all the things they faced," she said. "Our ancestors helped pave the way for others."

So far the group has interviewed about 45 elderly descendants of black settlers.

They're also working with the Royal Alberta Museum on a future exhibit that will showcase the experiences of those settlers.

"That's all we want: to have it recognized that we have been here for a long time," Beaver said.

ADDICTIONS

Newly released stats on opioid deaths prompt calls for action



Elizabeth Cameron
For Metro | Calgary

One of the authors of Alberta's Mental Health Review (MHR) is anxious to see what the province's next move is, after 13 months of relative silence.

Mental illness is often intertwined with addiction, and each exacerbates the other, according to Dr. David Swann, co-chair of the MHR.

Last year, 343 Albertans died of apparent drug overdoses related to fentanyl, according to data released by Alberta Health on Tuesday.

That's more than a 30 per cent increase from 2015, when 257 people died from apparent overdoses.

Swann said the provincial government must take a comprehensive approach to Alberta's opioid crisis, starting with implementing the recommendations from the review published in December 2015.

"I appreciate it takes time, but I think we deserve an update," Swann said.

The MHR calls for better col-

laboration between the province and stakeholders to identify mental health problems earlier in life, provide the right care in a timely manner, and offer comprehensive support to those struggling with addiction.

"Nobody chooses to live a life of addiction, it's a terrible life," Swann said.

Many people struggling with opiate addiction come out of traumatic childhoods, or are unable to transition off a legitimate opioid prescription in a healthy way, leaving them to take to the streets as recourse, according to Swann.

"In many cases, it renders them powerless to do anything with their lives that they would choose to do, if they were able," he said, emphasizing a complete support system including counselling, stable housing, social and spiritual support, and opioid replacement therapy (ORT) needs to be in place for success.

"It's going to take more resources, there's just no way around it," Swann said.

An implementation committee for the review's recommendations has been working to decide the province's next steps, accord-

ing to Brandy Payne, Alberta's associate minister of health.

"There's quite a lot of work going on behind the scenes," Payne said.

The province announced new actions to address the crisis Tuesday, including two additional ORT clinics for Alberta — one in Grand Prairie that will open this spring, and one in the Central Zone. The exact location is being determined, but Payne hopes it will open by the end of this year.

Detoxification beds have also been added in Medicine Hat and Calgary, with some on the way for Red Deer and Lethbridge.

Swann said the province would save "millions" if people could access comprehensive supports when they need it, rather than weeks later.

"Just treating the symptom of the addictions, which is taking ORT and getting people out of the illegal system. It isn't enough," Swann said.

He also said better communication is needed between the different ministries and professionals on the front line such as health workers, police forces, social workers, and emergency responders.



The province announced troubling statistics on opioid deaths Tuesday. THE CANADIAN PRESS

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Lan Chan said that in the 1960s, she would go into the river valley with her mom to pick fresh goji berries. KEVIN TUONG/FOR METRO

What about the gojis?

HERITAGE

Preservation of Chinese community plants at risk



As city council weighs the pros and cons of a contentious 80-storey condo proposed for the river valley, some little-known plants are sprouting up into the conversation.

Edmonton's Chinese community planted a throng of traditional goji bushes some time in the 1930s and 1940s near the area where developer Alldritt is now proposing to build the tower.

Their history is spurring debate over preserving the city's history.

Lan Chan, a historian for the Chinese Benevolent Association of Edmonton, said Tuesday the bushes are deeply rooted in local Chinese culture, noting residents would use them for medicines and food.

She recalled venturing into the river valley, just below St.

Barbara Cathedral, to go berry picking with her mom in the 1960s.

"It was like a social event," she said. "They're ripe in August — bright red and juicy."

She said keeping the bushes would ensure a part of local Chinese history isn't lost.

"It would be nice to maintain that part of our history. We don't have a lot that's connected with the Chinese community here."

But debate over the proposed skyscraper extends past the goji bushes.

Some worry the building will obstruct views and set a precedent for future development of public river valley parkland.

Alldritt, on the other hand, said it will revitalize the area.

Chan said members of the Chinese Benevolent Association haven't made a firm stance on the tower yet — they want to see the developer's final plans.

"Any development is always welcome, but we have to figure out how to work together so we're in a win-win situation," she said.

"We have to ensure Chinese heritage remains in Edmonton, and keeping the bushes is one small little thing to preserve it."

"We have to ensure Chinese heritage remains in Edmonton."

Lan Chan

COURT

3 victims' DNA found on Garland farm

DNA evidence was found on a hacksaw, meat hooks, rubber boots and in a piece of biological material recovered from the property of a suspect on trial in the deaths of a couple and their grandson, court heard Tuesday.

Douglas Garland, 57, is charged with first-degree murder related to the disappearance of Alvin and Kathy Liknes and five-year-old Nathan O'Brien from their Calgary home in June 2014.

The child's mother testified earlier in the trial that she found

pools of blood when she came to pick up her son after a sleepover with his grandparents following their estate sale. But the Likneses and Nathan were gone.

RCMP forensic expert Vivian Mohrbutter testified Tuesday that there was DNA evidence from all three in the home. Swabs of blood were taken throughout the home, from a 45-pound dumbbell found in the garage as well as from outside on a sidewalk.

Mohrbutter said that was also the case at the Garland farm

near Airdrie, north of Calgary, where DNA from the adults and the child was found on a pair of rubber boots.

"The profile obtained was determined to be of mixed origin consistent with having originated from at least two individuals. The profile of the major component I determined matched the ... known sample from Nathan O'Brien," Mohrbutter said.

She said there was also DNA found from Alvin and Kathy Liknes on the outside of the boots,

while Garland's was found inside. A pair of rubber gloves at the scene were also matched to him.

Mohrbutter said a large hacksaw stored in one of the buildings contained DNA from two of the victims.

"It matched that of a ... sample from Nathan O'Brien. The estimated probability of selecting another individual at random from the Canadian Caucasian population with the same profile is one in 130 billion."

THE CANADIAN PRESS

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Two weeks later, on Matea's last night in hospital, her mother Pam wrote a letter. In it, she counted her blessings and expressed her gratitude. She told her young baby how tremendously grateful she was to have one more day, week, month, year, or decade together.

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Influx at the border

REFUGEES

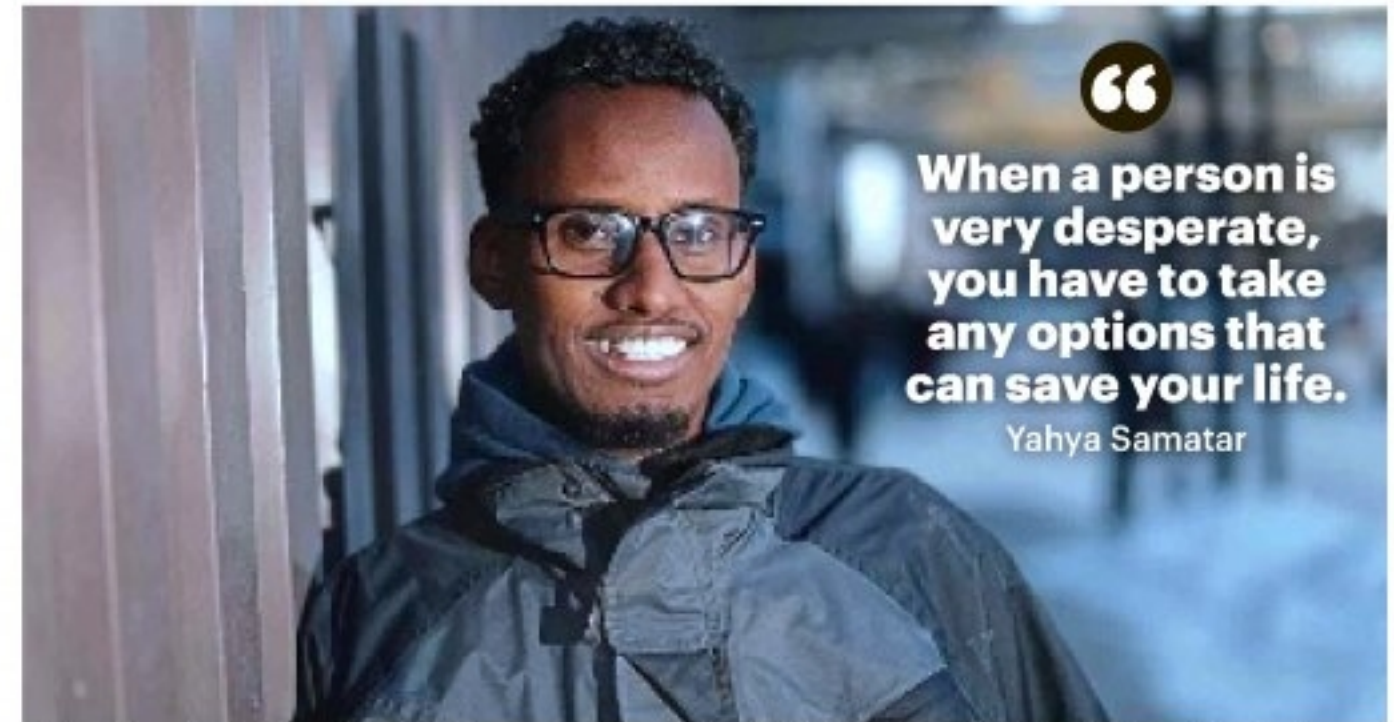
Manitoba town sees flood of asylum seekers

An increasing number of people seeking asylum are braving the elements of the open prairie to come into Canada from the United States, says the head of one small community that is calling for federal help to deal with the influx.

Last weekend alone, 22 people crossed the border from North Dakota into Emerson-Franklin, RCMP confirmed Tuesday. Nineteen were put up in a community hall where they were supervised and fed by officials and volunteers in the community of 2,000.

"It's starting to get overwhelmed here, and now we're starting to have concerns that we maybe need to have more security or do something different," said Greg Janzen, the municipality's reeve.

The area has always seen the occasional border jumper due to the short walk from communities such as Pembina or Noyes in North Dakota to Emerson-Franklin, which sits right on the



“When a person is very desperate, you have to take any options that can save your life.”

Yahya Samatar

Yahya Samatar, a Somali man who swam across the Red River from North Dakota to Manitoba and has since been granted refugee status. TREVOR HAGAN/THE CANADIAN PRESS

boundary. The numbers have increased in recent months and have shot up dramatically in the last couple of weeks following planned new restrictions in the U.S. on refugees. Federal Public Safety Minister Ralph Goodale said Tuesday that border crossings in other parts of the country have also seen an increase, but overall numbers are not as high as they were several years ago.

One of the highest-profile crossers was Yahya Samatar. Originally from Somalia and fearing persecution from a group affiliated with al-Qaida, he came to the U.S. and was denied refugee status. In the summer of 2015, he made his way from Minneapolis to the border area not far from Emerson-Franklin.

He got lost, saw the Red River and jumped in, hoping that

Canada was on the other side. After getting out and walking for another 45 minutes or so, he came across a Good Samaritan who helped him.

"When a person is very desperate, you have to take any options that can save your life," Samatar recalled Tuesday. He has been allowed to stay in Canada and now works at an office in downtown Winnipeg. THE CANADIAN PRESS

MISSING AND MURDERED INDIGENOUS WOMEN

Inquiry will be unlike any Canada has seen, team says

Canadians should not expect to see hearings like those that unfold in courtrooms during the course of the inquiry into missing and murdered Indigenous women, lead commissioner Marion Buller said Tuesday.

The inquiry will instead provide a way for Indigenous people to tell their own stories in their own way, Buller told a news conference in Ottawa along with her fellow commissioners and members of the inquiry's legal team.

The update was scheduled amid growing questions about the status of the inquiry and the recent removal of its former communications director.

Buller said she understands many are anxious to see formal hearings begin, but she said the commission would be neglecting its responsibilities if it failed to ensure an appropriate setup was in place ahead of time.

The national inquiry, which is still on schedule to begin in the spring, will be unlike anything the country has seen from a legal standpoint, added Susan Vella, the lead counsel for the study.

"Right now, it is a very flexible concept, obviously, and it has to be," Vella said. "The commissioners are entitled to receive information which might

not otherwise be admissible in evidence in a court. This is a usual power of commissioners."

The inquiry will provide different options as it goes about collecting information, Vella said, and will include lesbian, two-spirit and transgender people in the process.

She also said the commissioners will only go into communities where they are invited, noting they will adhere to proper protocols depending on the Indigenous territory.

"If the community is too traumatized and cannot handle the show of a public inquiry coming in, then we will respect that." THE CANADIAN PRESS

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IN BRIEF

Cabbie picks up Juno nod

After the 2017 Juno Award nominees were announced Tuesday, Daniel Nebiat was in a particularly good mood, and for good reason: He had just learned his musical group was among the contenders.

But instead of going out to celebrate, he left the nominations ceremony at Toronto's Rebel nightclub, got

back in his cab, and picked up a fare in front of the club. Nebiat, a 44-year-old musician originally from Eritrea, is one of nine members that make up the Okavango African Orchestra, which was nominated for the World Music Album of the Year. He plays the krar, a six-stringed instrument from Eritrea and Ethiopia, sings

in his native Tigrigna and, for the past three years, has been a driver for Toronto's Co-op cabs. For him, Tuesday started like any other shift. "I woke up at 3 o'clock in the morning, I started driving at 4 o'clock," Nebiat said. But then "they told me to come (to the ceremony) ... so I came there, parked my car and went in."

TORSTAR NEWS SERVICE



White House Press Secretary Sean Spicer fields questions about U.S. President Donald Trump's executive order travel ban and other topics. CHIP SOMODEVILLA/GETTY IMAGES

Confusion reigns in the White House

POLITICS

More mixed messages from U.S. president and his team

Donald Trump's press secretary stood at the White House podium and delivered a message to the world: Trump's executive order was "not a travel ban" and "not extreme."

Sean Spicer's words last week were duly reported. Then Trump went on Twitter and touted his "travel ban." His phrase for it: "extreme vetting."

It was yet another mixed message from an administration that has made a dizzying early specialty of them.

On matters semantic and significant, the U.S. President and his team have left America's allies and adversaries suffering through the world's highest-stakes involuntary guessing game, struggling to decipher just what it is this government actually means.

Prime Minister Justin Trudeau has dispatched at least three ministers to Washington this week. They will work to build relationships with the young administration. They will also seek clarity.

The pressing question is not only whether anyone who is not Trump can accurately speak for Trump. It is which Trump words are the magic Trump words.

"That's a question that is already being asked inside the bureaucracy: when the president tweets something, how literally should we take that? And I think the answer is, we don't know yet," said Philip J. Crowley, an assistant secretary of state under Barack Obama. "And I suspect inside the White House, they don't know yet either."

The confusion may not exclusively be evidence of inexperience and inevitable first-month disorganization, although that seems part of it. Trump has argued, in his campaign book and in interviews, that a president should use "the element of surprise" to keep opponents "off balance" — creating his

TRAVEL BAN

■ A panel of appeals court judges reviewing President Donald Trump's travel ban hammered away Tuesday at the federal government's arguments that the states cannot challenge the order.

■ The hearing before the San Francisco-based 9th Circuit Court of Appeals judges was the greatest legal challenge yet to the ban.

own version of Richard Nixon's "madman theory" of diplomacy.

"In the foreign policy world, predictability is a very significant currency. And yet we have in the president someone who prides himself on being unpredictable, even impulsive," Crowley said. "Whether this is a permanent feature of the Trump administration, or just a phase as the president learns the nature of the job, that's a question I'm not sure we have an answer for yet."

TORSTAR NEWS SERVICE

SYRIA

Military police hanged up to 13,000 in 'slaughterhouse'

The Syrian prison was known to detainees as "the slaughterhouse." Behind its closed doors, the military police hanged as many of 13,000 people over the course of four years before carting out their bodies by the truckload for burial in mass graves, according to a new report issued by Amnesty International.

The report, issued on Tuesday, said that 20-50 people were

hanged each week, sometimes twice a week, at the Saydnaya prison in what the organization called a "calculated campaign of extrajudicial execution."

The report covers the period from the start of the March 2011 uprising to December 2015, when Amnesty says 5,000 and 13,000 people were hanged.

Lynn Maalouf, deputy director for research at Amnesty's region-

al office in Beirut, said there is no reason to believe the practice has stopped since then, with thousands more probably killed.

Amnesty said the killings were authorized by senior Syrian officials, including deputies of President Bashar Assad.

Amnesty had recorded at least 35 different methods of torture in Syria since the late 1980s, Maalouf said. THE ASSOCIATED PRESS

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Canada posts trade surplus

ECONOMY

Natural gas, oil exports boost consecutive monthly totals

The country posted back-to-back monthly trade surpluses for the first time since September 2014, boosted by higher prices for exports of oil and natural gas in December, Statistics Canada said Tuesday.

But the gain in energy prices hid some troubling weakness in non-energy exports, economists said.

The overall trade surplus hit \$923 million for the final month of 2016 after a surplus the previous month that was revised upward to \$1 billion from an initial reading of \$526 million.

The result exceeded expectations, as economists had anticipated a surplus of \$350 million for December.

Jennifer Lee, a senior economist with BMO Capital Markets, said the monthly trade figures have taken on greater significance as of late.

"These days, international trade reports are scrutinized, not just for their impact on



The country posted back-to-back monthly trade surpluses for the first time since September 2014, boosted by higher prices for exports of oil and natural gas in December, Statistics Canada said Tuesday. JONATHAN HAYWARD/THE CANADIAN PRESS

GDP, but the political ramifications as well," Lee said in a research note to clients.

"Running surpluses will draw unwanted attention (from the U.S.)."

Trade was a key issue for U.S. President Donald Trump's cam-

paign, during which he said the United States needed to take a tougher approach.

While Trump has focused much of his attention on his country's trade relationship with Mexico and China, some have raised concerns that Can-

ada could face collateral damage in a trade dispute.

Canada maintained its trade surplus with the U.S. in December, though it narrowed to \$4.4 billion from \$4.7 billion in November. Exports to the U.S. edged up 0.2 per cent



We've likely seen the best of the bounce in the trade balance.

Nick Exarhos

to \$34.2 billion in December, while imports from the United States increased 1.3 per cent to \$29.7 billion.

Overall, exports in December gained 0.8 per cent to a record \$46.4 billion due to higher energy product prices.

Imports rose one per cent to \$45.5 billion in December, due in large part to imports of aircraft and industrial machinery.

CIBC economist Nick Exarhos said the overall trend in real exports is still stuck in a range and he has concerns that protectionist policies in the U.S. have the potential to slow, or even derail a recovery in manufacturing.

"Combined with limited upside for energy prices over the coming months, and the fact that there's room for imports to play catch-up, we've likely seen the best of the bounce in the trade balance for a while," he said. THE CANADIAN PRESS

IN BRIEF

Feds to give Bombardier a \$372-million lifeline

The federal government says it will provide \$372.5 million in interest-free loans to Bombardier, a move that elicited criticism even though it is far less than the transportation giant originally sought more than a year ago.

The money will be handed out in instalments over four years to support the Global 7000 and CSeries aircraft projects, the government said.

Most of the loans would go to the Global 7000 business aircraft program, which is scheduled to go commercial next year. The remaining third would go to the CSeries passenger jet, which was mired in delays and cost overruns prior to entering commercial service last year.

THE CANADIAN PRESS

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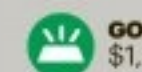
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SOCIAL MEDIA

Twitter expands campaign against hate, abuse

Twitter announced Tuesday that it is expanding efforts to protect its users from abuse and harassment, the latest milestone in a broader, growing corporate campaign against online hate.

The company said it has begun identifying people who have been banned for abusive behaviour and it will stop them from making new accounts.

In July, Twitter banned con-

servative provocateur Milo Yiannopoulos, an editor of the right-wing news site Breitbart News, for "participating in or inciting targeted abuse of individuals." Twitter subsequently suspended

the accounts of other prominent figureheads of the "alt-right" fringe movement, an amorphous mix of racism, white nationalism, xenophobia and anti-feminism.

Twitter has been under fire for

failing to address hate and abuse on the site since its founding a decade ago. Balancing its reputation as a free speech haven has come into conflict with efforts to protect users. THE ASSOCIATED PRESS

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JESSICA ALLEN ON DECIDING WHAT YOU VALUE



Boycotting a product or service to make a political statement is one thing. But follow the money, and it gets a lot more complicated.

Sometime in the late '90s at a friend's backyard barbecue, I remember meeting a woman who refused a bowl of ice cream.

She was boycotting the brand, which I don't remember. But they'd done something terrible.

While I ate mine (strawberry, I believe), I noticed she was wearing Nike trainers. It must've been right after Michael Moore's 1997 *The Big One*, a documentary in which Moore meets with Nike CEO Phil Knight and asks him to manufacture his shoes in America rather than in Indonesian sweatshops.

"How did she choose to boycott the ice cream over the shoes?" I thought. And, as I realized everything I was wearing — from my socks to my hair elastic — was probably made under ethically and environmentally questionable circumstances, it occurred to me: If I want to put my money where my mouth is, the only alternative is to go live in a tree house.

Flash forward to today and whatever your beliefs, there's a boycott for you.

Say you support Donald Trump's executive order banning refugees and travellers from seven mostly Muslim countries. Then, you might choose to boycott Starbucks because the coffee company promised to hire 10,000 refugees. Or perhaps Budweiser, whose Super Bowl commercial was decidedly pro-immigration.

If you detest the ban, you

It's time to start looking beyond hashtags and realize that every decision has political implications.

can boycott anything that says Trump on it, like his hotels and neckties, or his daughter Ivanka's fashion lines.

You may have also been one of the 200,000 who deleted the Uber app after the ridesharing company was seen as undercutting the largely Muslim, 19,000-strong New York Taxi Workers Alliance.

The day after Trump signed his executive order, the alliance called for a one-hour

that two of Trump's advisers are major Lyft investors.

In other words, things got complicated. But deleting seemed far more effective in the moment than distilling.

Distilling would've required taking the time to ask what is wrong with Kalanick taking part in the economic advisory council, and, more importantly, what is this council?

The Strategic and Policy Forum, according to Trump's

Days later, Kalanick removed himself from that table:

"The implicit assumption that Uber (or I) was somehow endorsing the Administration's agenda has created a perception-reality gap between who people think we are, and who we actually are."

Which is a shame because a businessperson with clout will not take part in a conversation that could greatly affect the American economy.

I didn't delete my Uber app, although I should because they can't find my house on their navigation system. Actually, I probably should never have downloaded it in the first place.

They didn't just undermine New York City taxi drivers during the protest. Their entire business model undercuts those drivers every single day.

The ridesharing enterprise is based on incentivizing workers to undervalue their labour. Many drivers are supplementing a menial day job with the earnings from another. If you choose Uber, you're not thoughtfully considering how your dollars translate into the world we live in.

That is the problem.

Faced with an increasingly complicated and politicized world, it's time to start looking beyond hashtags and realize that every decision — from the \$4 ride to the \$4 socks — has political implications.

The problem isn't how to spend your money, the problem is deciding what you value and being savvy enough to make sure you aren't accidentally supporting it.

But cheap socks are amazing. That's the hard part. If you begin to follow the money, the tree house starts looking better and better.

Jessica Allen is the digital correspondent on CTV's *The Social*.

VICKY MOCHAMA

Our refugee policy is tested now that the crisis is at our door

The next few years will test the strength of Refugees Welcome. And I worry it is a test Canada is doomed to fail. While Canada has moved on with generosity and relative openness to the Syrian crisis, many of the world's refugees have been left in a confusing lurch.

The Trudeau government has committed to playing a part in bringing over refugees from Syria. But even in that, their response has been haphazard. For example, in December, Ottawa placed a cap on private-sponsor applications for Syrian and Iraqi refugees at 1,000 for 2017.

That is only a fraction of the 13,000 Syrian refugees that arrived in Canada via the private sponsorship program in 2016 alone.

For many families and community groups on the private sponsorship list, the announcement was a surprise; while the government sorts through a massive backlog, they have waited, ready and willing.

The private sponsorship option is Canada's flagship PR-friendly program; it is a stand-out program that is cited by experts for its uniqueness and superb co-ordination.

A speedy and co-ordinated response is essential. The global refugee crisis has now arrived at our borders.

According to the *Toronto Star*, border guards in Quebec reported a threefold rise in migrants walking across the border to claim asylum in Canada. In many spots, including Emerson, Man., communities along the U.S.-Canada border are

reporting a substantial increase in migrants trekking through treacherous weather.

The election of U.S. President Donald Trump, and the subsequent travel ban on seven mostly Muslim countries, has only increased the volume of asylum claimants crossing the border from the U.S. into Canada.

The government response has been lacklustre. After Trump's executive order, Prime Minister Trudeau tweeted, "To those fleeing persecution, terror & war, Canada will welcome you, regardless of your faith." For many, this was seen as an open invitation (and defiance of Donald Trump). And yet, when pressed on it, Immigration Minister Ahmed Hussen clarified that there would be no actual increase in the number of refugees Canada would welcome. The U.S. would keep its designation as a safe country.

For migrants from Muslim countries, the U.S. is not a safe option. In fact, as *Daily Xtra* reported, LGBTQ refugees from Iran — an Islamic country hostile to queer citizens — are now stranded in Turkey, a largely Muslim country already overwhelmed with refugees. They'd been promised asylum under the Harper government. They are now being told by the Canadian embassy to apply to the United States, a nation presided over by a man hostile to all Muslims.

As the American situation unfolds and crises in South Sudan and Venezuela become more urgent, this lack of coherence will show up at our doors.

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A meal that made you fall in love

There's nothing more romantic than staying home and cooking for a loved one. A simple meal that shows off your skills and thoughtfulness is much more meaningful than ordering off a menu. We asked readers what they made for their significant others during their early stages of dating or as newlyweds. Here are a few of their stories. **TORSTAR NEWS SERVICE**



Lakshmi

My husband Ghopal was my brother's friend and we knew each other for five years before we got married in Hyderabad, India. When we got engaged I made him upma, a south Indian bread dish, because I had bread in the house and it's a quick dish that he never had before. He still enjoys it today after 47 years of marriage! We moved to Toronto 43 years ago and both love introducing our dishes to friends and neighbours. Ghopal does the chopping and I do the cooking, but he also makes really good curry puffs. My husband used to work at Sears and I would bring him lunch and we'd eat in the cafeteria together. Now we're both artists where he'll draw and I'll paint. We love doing things together.

Karen

My whole family loved my meat loaf. So when I made it as a newlywed for my husband I expected a warm reception. But my husband was surprised that I didn't cover it with a tin of tomato soup like his mom did. He was downright mystified by the garlic. It wasn't his momma's meat loaf, which he professed to love, but I carried on, knowing that it would be his new favourite. I could not have been more wrong. It seems that while I was cleaning up that night, he tried to flush the meat loaf down the toilet. The toilet got completely stopped so we had the superintendent come up with a plunger to our new apartment. That happened in September 1970 when we were both 18 and remarkably we're still together.

Benjamin

Eleven years ago when I lived in Cleveland, I met Carolyn at a creative workshop and we had a long-distance relationship for about eight months. I bragged to her that I was a good cook and on her first visit, I told her to play Iron Chef: name one ingredient and I'd make an entrée with it. She said chocolate. I made her chicken breasts with a mole sauce. We married in 2007 and ironically, she has since given up chocolate and is now a vegetarian.

Donalda

The first meal I made for my husband Roy was a TV dinner when I was 20. I took the dinners out of the freezer, read the instructions, turned on the oven and put them in. I picked up a magazine to read while they cooked. Eventually the timer went off and I took out the TV dinners, which still had frost on top. I didn't realize you had to preheat the oven. Roy never said anything about my mistake. He's been very faithful complementing me about enjoying what I've made for us to eat. As the years passed, I've become a very good cooks. Roy and I have been married for 60 years since last November. Needless to say, I've learned to turn on the oven at the proper time and temperature.

Nancy

I met my husband when we went to the same college in Illinois in 1965. When I graduated, we moved to Canada and got married. His family is from Estonia, so I wanted to learn the language and pay attention to his customs. I never learned the language very well but I did learn to make rosolje, a traditional beet salad that his family made at Christmas. He bought the salted herring and chopped up many of the ingredients: beets, apples, potatoes, meat and pickles. I realized at that point that he had good culinary skills. I was surprised. That was in 1967. We continued to make rosolje every Christmas and we plan on making it this July for our 50th wedding anniversary.

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High fives for Drake and the Weeknd

2017 JUNO AWARDS

Home comfort for global stars as Downie joins front of queue

Global music stars Drake, Shawn Mendes and the Weeknd were celebrated at home Tuesday as they were named the leading nominees heading into this year's Juno Awards, while Gord Downie's work in 2016 could garner a half-dozen trophies.

Downie is nominated for songwriter of the year, best adult alternative album and best video for his multimedia solo project Secret Path, which is also in the running for recording package of the year. His band the Tragically Hip is also up for group of the year and rock album of the year honours.

Drake, Mendes and the Weeknd all have five nominations and are contending in marquee categories including best album, best single, artist of the year and the Juno Fan Choice Award. Pop singer Alessia Cara followed closely behind with four nominations, as did the late Leonard Cohen.

A Tribe Called Red, Grimes, Ruth B, Kaytranada, and Tegan and Sara all have three nominations.

Pop singer Coleman Hell said returning to the Junos after being nominated as breakthrough



Shawn Mendes and the Weeknd (inset) are both nominated for album, song and artist of the year awards at this year's Junos. THE CANADIAN PRESS FILE

artist last year is encouraging. He's nominated for Summerland in the pop album category this year.

"It feels pretty validating,"

he said.

"You put so much time into these things and you never know what's going to happen with it, so it's nice to be rec-

ognized."

The Strumbellas felt an extra sense of accomplishment with their three Juno nominations, which include group of the year and the fan choice award. They say it was about a year ago when their single Spirits, which is up for single of the year, started its surge into the mainstream.

"We got a Juno nomination early in our career and ... we were so excited at the time," said keyboardist Dave Ritter. "So it's great to be back, nominated again, and to have it cap off what's been a crazy year."

The Juno Awards will be staged at Ottawa's Canadian Tire Centre on April 2 and air on CTV. Among the performers at the show will be Mendes, Cara, the Strumbellas, Ruth B and A Tribe Called Red.

This year's show will also include a trib-

ute to Sarah McLachlan, who is being inducted into the Canadian Music Hall of Fame.

Michael Buble is still slated to host the show, although his involvement has become uncertain. Buble and his wife, actress Luisana Lopilato, announced

in November that they would put their careers on hold to devote attention to their three-year-old son Noah, who has been diagnosed with cancer.

The singer backed out of hosting duties for the Brit Awards last week, although he said in a statement that son Noah is "progressing well" as he undergoes cancer treatment.

THE CANADIAN PRESS

JUNOS 2017 KEY NOMINEES

Album of the year: You Want It Darker — Leonard Cohen; **Encore un Soir** — Celine Dion; **Views** — Drake; **Illuminate** — Shawn Mendes; **Starboy** — The Weeknd.

Single of the year: Wild Things — Alessia Cara; **One Dance** — Drake, ft. Wizkid & Kyla; **Treat You Better** —

Shawn Mendes; **Spirits** — The Strumbellas; **Starboy** — The Weeknd, ft. Daft Punk. **Artist of the year:** Alessia Cara; Leonard Cohen; Drake; Shawn Mendes; The Weeknd.

Group of the year: Arkells; Billy Talent; The Strumbellas; Tegan and Sara; The Tragically Hip.

JOHANNA SCHNELLER WHAT I'M WATCHING

Bloody glowers are only for the Hardy

THE SHOW: Taboo, Season 1, Episode 2 (FX)

THE MOMENT: The period filth

The War of 1812 is nearly over. James Delaney (Tom Hardy) has just returned to England after 12 mysterious years in Africa. He has many enemies — as did his late father, who left behind angry creditors. Delaney and his crooked lawyer Thoyt (Nicholas Woodeson) have called the creditors into a courtroom, where they mob behind the bar. Delaney glowers at them from the front.

"The son does not inherit the debts of the father," Hoyt cries.

Suddenly Delaney stands, opens a leather satchel, and tips its contents onto a table. Coins rain down.

"That is 219 pounds and four shillings," he growls. "My father's debts total 219 pounds and four shillings. So you will be paid. But first you will form an orderly line."

The mob quietens. "But first you

will form an orderly line," Delaney repeats, more slowly, but as menacingly as a dragon. The men form a line. I hope if Hardy ever wins an award for this, the first person he thanks is his makeup artist.

Never has there been a more scrofulous show. Every character, including King George, is perpetually disgusting: Their cheeks are streaked with soot, their knuckles red from punching things. What teeth remain are green or rudely capped with clots of silver. And the tattoos! I hope some of the many on Hardy's body are real, or else he's spending days in makeup chairs.

But man, it's effective. Hardy's glower is scary no matter how it's deployed. But it's really powerful when rimmed with blood and grime.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

BANNON NEXT?

Rosie ready for SNL skit

On the heels of actress Melissa McCarthy's caustic portrayal of White House Press Secretary Sean Spicer on Saturday Night Live, comedienne Rosie O'Donnell says she's available to play President Donald Trump's controversial adviser Steve Bannon.

On her Twitter feed Monday night, O'Donnell responded to suggestions that she play Bannon by saying "available — if called I will serve."

McCarthy lampooned Spicer last weekend in a Saturday Night Live sketch where she taunted reporters as "losers," fired a water gun at the press corps and used the lectern to ram a Wall Street Journal journalist.

O'Donnell and Trump have publicly feuded in the past, with Trump making derogatory comments about her looks and weight. THE ASSOCIATED PRESS



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Crossover packs cargo room



REVIEW

Niro can take on the Prius sedan with fuel efficiency



Dan Ilika
AutoGuide.com

As the first dedicated hybrid crossover on the market, the Niro occupies a unique space that's barely been tapped by the likes of the hybrid versions of the Toyota RAV4 and the U.S.-exclusive Nissan Rogue. But unlike both of those, which burn only slightly less fuel than their purely gas-powered siblings, the Niro has what it takes to do battle with the Prius sedan at the pumps.

Hybrid crossovers, even front-wheel-drive ones, aren't exactly fuel efficient. That's because they're big, tall and heavy. That's why the 2017 Kia Niro — unlike both gas-electric versions of the RAV4 and Rogue — is built on a platform that was developed specifically for hybrid applications.

Those underpinnings, which are shared with the upcoming Hyundai Ioniq, allow the Niro to be more slight and squat than a traditional crossover. The Niro rides low to the ground in a bid to improve efficiency.

Also helping on the efficiency front is the Niro's powertrain, which, like its platform, is shared with its sister Ioniq sedan. It combines a 1.6-litre gas engine with a small electric

motor that works with a rear-mounted battery pack to add electrons to the drive, while power is transferred to the pavement through a six-speed dual clutch automatic transmission.

And this is where the Niro's only major concession comes into play. Unlike the Rogue and RAV4 hybrid models, it's only available with front-wheel drive. This helps the Niro achieve its impressive fuel economy numbers — combined ratings range from 5.5 L/100 km to 4.7 L/100 km depending on trim.

Doing without all-wheel drive has an additional benefit. Engineers were able to mount the Niro's lithium-ion battery pack beneath the rear seats. While most hybrids have their battery packs mounted in the cargo area, doing so cuts into available space.

Cargo room in the Niro sits at a reasonable 549 litres with the second row of seats upright and 1,543 litres with them folded. Making the most out of the available space, the Niro's tailgate opening is nice and wide, while its rear wheel wells barely cut into cargo volume thanks to cleverly packaged rear suspension.

When it comes to being both a crossover and a hybrid, the 2017 Kia Niro finds itself with few rivals. That list shrinks even further when you factor in its price. Base models start at just \$24,995, strategically undercutting the Toyota Prius by a hefty margin.

Overall, it's an impressive offering that executes Kia's bang-for-your-buck strategy to near perfection.

THE CHECKLIST | 2017 KIA NIRO

THE BASICS

Engine: 1.6L 4-cylinder, electric motor, 1.56-kWh lithium-ion battery

Transmission: 6-speed automatic

Fuel Economy (L/100 km): 4.6 city, 5.1 hwy

Price: Starts at \$24,995



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AMERICAN MADE

F-150 Raptor becomes first in F-series officially sold in China



Jason Siu
AutoGuide.com

The American automaker has begun shipping its 2017 Ford F-150 Raptor to customers in China.

This is the first time any U.S.-built F-Series truck has been officially exported to China, joining the Ford GT, Focus RS, Focus ST and Fiesta ST as Ford Performance offerings in the country.

The Ford F-Series pickup truck has been the best-selling vehicle in the U.S. for 35 straight years.

Manufactured in Dearborn, Michigan, the all-new F-150 Raptor is powered by a 3.5-liter EcoBoost V6 engine providing 450 horsepower and 510 pound-feet of torque.

Ford isn't the only American automaker exporting pickup trucks to China. Late last year, Chevrolet announced it will export U.S.-built Silverado and Colorado pickups to China starting this year. Forbes

reported that Chinese buyers are already paying top-dollar for a record number of Dodge Rams, some of which are entering the country through illicit channels.

"Raptor's unique looks and capability have generated amazing buzz at every auto show we've brought it to around China," said David Schoch, Ford group vice president and president, Ford Asia Pacific.

"F-150 Raptor is another example of our commitment to offer a wide range of vehicles for customers in China."



Michigan-made model joins growing list of pickup trucks by American automakers being exported to China. HANDOUT

STARTUP

Faraday Future gets realistic with plans



Jason Siu
AutoGuide.com

Backed by Chinese billionaire Jia Yueting, Faraday Future began its life in the U.S. as a mysterious automaker looking to build really fast electric cars. Then late last year came reports that the company was struggling.

After debuting a radical concept at CES 2016, the company broke ground on a new facility in Las Vegas, promising a massive three-million square foot facility.

The company then went on to preview its first production car, the FF 91 at CES 2017. The all-electric Tesla fighter claims to go zero-to-96 km/h in 2.39

seconds, making it one of the fastest-accelerating cars in the world.

Now, Reuters reports Faraday Future is getting more realistic with its plans. The factory will now be 650,000 square feet and is slated to open in 2019. Faraday Future's initial product portfolio has also been scaled back from seven to two electric vehicles, while it is believed a dozen key U.S. executives have left the company in the last nine months.

Construction of the facility in Las Vegas stopped last fall due to missed payments to contractors and Nevada state officials.

In addition, a number of suppliers and vendors have sued the automaker for non-payment including seat manufacturer Futuris.



seconds, making it one of the

Renault Trezor named Most Beautiful Concept Car

INNOVATION

French sure seem to know a thing or two about beauty



Jodi Lai
AutoGuide.com

The stunning Renault Trezor Concept that debuted at last year's Paris Motor Show was just voted as the Most Beautiful Concept Car of 2016 by the Festival Automobile International.

The all-electric grand touring vehicle concept stole the spotlight when it was revealed, and previews technology and design cues that will be used on future models from the French automaker.

One of the main design features was a unique clamshell roof that opened to allow access to the red interior.

Total system output for the Renault Trezor was 350 horse-



Features from the model will be used in future designs by the French automaker. HANDOUT

power and 280 pound-feet of torque, which was able to get the two-seat concept to 100 km/h in under four seconds.

"The jury decided this award should go to the Trezor because of the extreme beauty, sensu-

ality, and elegance it exudes," said Rémi Depoix, president of the Festival Automobile International, in a press release.

"It is the epitome of a concept car and we were notably won over by the cohesion of its

overall design and the attention that has been paid to the details.

"It is a fine creative work which, we hope, will inspire Renault's future road-going models."

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STINGRAY

Proof of Corvette wagon appears

First announced in 2013, it almost seems like Callaway's shooting brake version of the Corvette Stingray would never become reality. But in April 2016, the company confirmed it was heading to production and now there's proof. Pete Callaway, California general manager of Callaway Cars, took to Facebook to share some images of the Chevrolet Corvette AeroWagen in all its glory. JASON SIU/AUTOGUIDE.COM



+ WHEELS BRIEFS

Station wagon here to stay

Sporting 603 horsepower and 627 pound-feet of torque, the Mercedes-AMG E63 S Wagon is more than just a family hauler.

Wagons may seem to be a dying breed in the U.S., giving way to crossovers

and SUVs, but Mercedes-AMG doesn't have any plans of stepping away from the market. The standard E400 4MATIC Wagon is heading to dealers by March and joining it this fall will be the high-performance AMG E63 S variant. JASON SIU/AUTOGUIDE.COM

WHEELS ROUNDUP

News driving the auto industry brought to you by AutoGuide.com



DELIVERY

Off-road cargo

Nissan is taking deliveries to the next level, making sure that cargo can get anywhere. The NV Cargo X is a project vehicle that debuted 2017 Chicago Auto Show. It stands at over seven-and-a-half feet, sits on 37-inch tires and is powered by a 5.0-liter V8 turbo diesel.

Built in partnership with off-roader Ian Johnson, this van was built to be a rock crawler and its own support vehicle. The suspension is heavily modified to fit the big tires, though the standard leaf spring design is retained in the rear end. A custom LED light system, a 10,000-lb front-mounted winch, a tube bumper and a custom skid plate complete the van's off-road gear.

On the inside, the cargo bay is filled with everything an off-road recovery and support vehicle would carry, including a full-size spare, a recovery rope, recovery tracks, a high-lift jack, portable welder and a tool bag. STEPHEN ELMER/AUTOGUIDE.COM

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Enjoying life on top

NHL Crosby hovers over milestone 5 years after career in limbo

Five years ago, Sidney Crosby spent a winter working out in solitude wondering when the pain in his neck would ease and the intermittent fog in his head would lift. The lingering effects of a concussion in the 2011 Winter Classic left the Pittsburgh Penguins captain's once bright future uncertain at best.

For the first time in his life, the preternatural vision that helped make Crosby a star couldn't see the next move.

Reaching a thousand points? Heck, Crosby would have settled for the chance to score just once more.

"A lot of things go through your head as far as playing again, getting to the level you think you can get to," the two-time MVP said. "A lot of sitting time around kind of waiting. It's hard for that to not kind of cross your mind."

No longer. Not with Crosby healthy and at the height of his powers for the defending Stanley Cup champions. Crosby's 30

goals lead the league and his 59 points are second only to Edmonton's Connor McDavid, who is now where Crosby was a decade ago: at the forefront of the next wave of superstars.

The 29-year-old Crosby remembers those giddy early days. Yet he doesn't hold them as close as the ones that left him wondering if he would ever get back on the ice with his teammates, let alone return to the form that made him the torchbearer for an entire organization as a teenager.

So whenever Crosby becomes the 86th member of the NHL's

1,000-point club — he has 998 after recording an assist in a 3-2 shootout loss to Calgary on Tuesday night — he'll make sure the puck ends up in his father Troy's hands for safekeeping. And with it comes an

appreciation that Crosby admits he didn't always have for his own talent and the historic company he keeps.

"I don't feel old but I feel like there are times maybe when you're younger it's kind of an extension of junior hockey where you're used to getting certain milestones and it seems to come easy," Crosby said. "I think you look at it differently as you get older. It's just something you try to enjoy a little bit more." THE ASSOCIATED PRESS

7
There are seven active players with at least 1,000 career points.



NFL PATRIOTS BRING THE PARTY TO THE STREETS New England Patriots, from left, free safety Devin McCourty, quarterback Tom Brady and head coach Bill Belichick hoist Super Bowl trophies during a rally Tuesday in Boston to celebrate Sunday's 34-28 win over the Atlanta Falcons. Hundreds of thousands of jubilant fans lined the parade route and endured snow and rain to fete the Pats for winning their fifth NFL championship.

BARRY CHIN/POOL/THE BOSTON GLOBE VIA THE ASSOCIATED PRESS

NHL

Bruins part ways with Julien

The Bruins felt they needed a change at the top, even if it meant doing it on a day when the city was celebrating a championship.

Boston fired Stanley Cup-winning coach Claude Julien on Tuesday, just hours before a downtown parade in honour of the New England Patriots' Super Bowl victory.

General manager Don Sweeney apologized for the timing, but said the team's two-day break between games provided time to recover from the emotions of Julien's dismissal. He said



Claude Julien
GETTY IMAGES

he wasn't oblivious of the optics, but added, "I'm not going to make a decision just based on that." With the team in danger of missing the playoffs for a third straight season, Sweeney felt he had little choice. Boston has lost two in a row and six of nine and fallen out of a playoff spot in the Eastern Conference. Assistant Bruce Cassidy was

named interim coach.

"I had come to a conclusion that in moving this group forward with an eye toward the plans that have been put in place, that I wasn't willing to commit to a longer term basis with Claude," Sweeney said.

He also said there is time before the March 1 trade deadline to make adjustments that could get the Bruins in position to make the playoffs.

"There's no question I think this group has a chance to get in," Sweeney said.

THE ASSOCIATED PRESS

IN BRIEF

Falcons quickly fill void at offensive co-ordinator

The Atlanta Falcons have hired Alabama's Steve Sarkisian as their new offensive co-ordinator.

The move was announced Tuesday, a day after Kyle Shanahan left to become head coach of the San Francisco 49ers.

THE ASSOCIATED PRESS

Matthews snipes Maple Leafs past Stars

Auston Matthews and the struggling Toronto Maple Leafs picked up a much-needed victory, edging out the Dallas Stars 3-1 in Toronto on Tuesday night.

Matthews scored his team-leading 25th goal of the year and Curtis McElhinney made 39 saves as the Leafs won for only the second time in the last six games (2-3-1). Struggling defensively of late, Toronto had yielded 22 goals over its previous four outings. THE CANADIAN PRESS

Ban may keep Russia out of track and field worlds

Russian athletics looked set for conflict with the IAAF over doping even as the government admitted on Tuesday some top coaches relied on giving banned substances to their athletes.

The IAAF on Monday said Russia would probably not be reinstated to global athletics until at least November, meaning there won't be an official Russia team at the world championships in August.

THE ASSOCIATED PRESS

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WOMEN'S SOCCER

Boss Herdman emotional and optimistic after Canada's win

John Herdman saw plenty of rust but also lots to celebrate in Canada's 3-2 win over Mexico on the weekend.

The B.C. Place Stadium friendly was billed as a tribute to his Olympic bronze-medal team and the Canada coach was choked up as he led a post-match tribute to the retiring Marie-Eve Nault, Melissa Tancredi and Rhian Wilkinson. But while celebrating the past, Herdman also had an eye open to the future.

With his squad having just one camp together since last summer's Olympics in Brazil and limited recent playing time, he was not surprised Saturday's performance was spotty. There were giveaways galore. But Deanne Rose scored on a beautiful individual effort in the 14th minute before Janine Beckie showed her shooting accuracy in the 26th.

Herdman enjoyed both pieces of skills but took particular pleasure in Canada's third goal



Canada's Deanne Rose gets a shot past Mexico's goalkeeper during Saturday's friendly at BC Place Stadium in Vancouver. JONATHAN HAYWARD/THE CANADIAN PRESS

in the 40th minute. After being chopped down for a penalty, Canadian captain Christine Sinclair stepped aside to let Beckie take the spot kick. An observer might have thought Sinclair was just catching her breath after going down hard. But Herdman said something else was at play. "She knew in the Olympics the penalty (miss) against Aus-

tralia hit Janine hard, from a confidence point of view," said Herdman. "As a leader she allowed Janine to take that penalty, Christine is our penalty-taker, for sure. But she's a class act and that was a great piece of leadership."

Beckie buried the penalty for a goal. The front five of Beckie, Rose, Sinclair and teenage mid-

fielders Jessie Fleming (18) and debutante Sarah Stratigakis (17) ebbed and flowed like an attacking current at times, complete with delicate one-touch passing. "Another level of football that maybe we haven't seen," Herdman said approvingly.

He sees it as evidence of the growth of a Canadian team

“Another level of football that maybe we haven't seen.”

John Herdman

ranked fourth in the world.

"In the past it used to be stop Sinclair and you'll stop Canada," Herdman added. No longer. "We're starting to really develop an offence that can cause problems. But with that, we've got to maintain that Canadian DNA of strong defence."

Injuries and absences did not help the Canadian cause against Mexico, especially at centre back. Nault, who has already started her post-playing career as a co-ordinator at a regional Quebec training centre, was originally slated to watch from the sidelines. Nault, who didn't get word from Herdman that she was playing until two weeks ago, ended up captaining the team and playing the full game.

Herdman won't get his players together again until Feb. 24, about a week in advance of the Algarve Cup in Portugal where Canada is defending champion.

THE CANADIAN PRESS

COPA DEL REY

Suarez the hero and villain as Barca win

Lionel Messi and Luis Suarez teamed up again to send Barcelona to a fourth consecutive Copa del Rey final after a combative 1-1 draw with Atletico Madrid on Tuesday that saw three players sent off.

Suarez fired in a rebound from Messi's shot to put Barcelona ahead, but the Uruguay striker will miss the final after being dismissed for a second booking in the 90th minute of a game that helped his team to a 3-2 victory on aggregate. Suarez scored before halftime after Messi had dribbled through Atletico's defence and forced goalkeeper Miguel Moya to make a save.

Barcelona's Sergi Roberto was the first player to be sent off after collecting a second yellow card. Atletico's Yannick Carrasco followed after a second booking for cutting down Arda Turan.

Moments after Kevin Gameiro missed a penalty kick over the Atletico striker equalized in the 83rd to add some drama.

THE ASSOCIATED PRESS

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6	4	3	1	9	7	8	2	5
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1	2	4	3	8	5	6	9	7
5	6	8	4	7	9	1	3	2
4	8	9	5	2	6	7	1	3
7	3	6	9	4	1	2	5	8
2	5	1	7	3	8	4	6	9

NBA

Green-Durant spat not Warriors at war

Draymond Green approached Kevin Durant near the end of Golden State's bench and quickly their discussion escalated into a heated dispute, both players punctuating their points with demonstrations.

While the rest of the Warriors watched, a teammate eventually came over to keep the peace.

That flap during Saturday's overtime loss at Sacramento wasn't the first between the All-Stars, either. Warring Warriors? Naw, no worries about a family feud for the NBA's top team. Green insists that's all part of it from time to time and there is never any harm intended. Coach Steve Kerr considers it healthy and a positive once in a while.

"If you can't, you're probably on a losing team," the fiery Green said Tuesday. "But everybody who makes a big deal out of it probably are losers. That's how I view it. Anyone who knows anything about winning knows that that's going to happen."

Green and Durant squabbled on the court late in the third



Draymond Green
GETTY IMAGES

quarter after a mix-up led to a shot-clock violation. Soon after, Green could be seen on video walking toward Durant and yelling from close range while raising his hands in the air.

Green then took a seat on the bench and Durant came over to continue their argument, with Shaun Livingston playing peacemaker. "We know it's really nothing. It's constructive to try to understand how we're going to get better," Warriors star Stephen Curry said Tuesday.

“

We know it's really nothing. It's constructive to try to understand how we're going to get better.

Steph Curry

"It comes from a place of respect between everybody on this team, including those two guys. It's about everybody wants to win. Those kinds of conversations need to happen so that we continue to try to get better and not get complacent," he said.

THE ASSOCIATED PRESS

IN BRIEF

Canada beats Venezuela in Fed Cup Americas opener

Canada defeated Venezuela 2-1 in the round-robin opener at the Fed Cup Americas Zone Group I event on Tuesday.

Charlotte Robillard-Millette of Blainville, Que., dropped a 6-3, 6-4 decision to Adriana Perez in the opening match before Bianca Vanessa Andreescu of Mississauga, Ont., pulled Canada even with a 6-4, 6-0 victory over Andrea Gamiz.

Andreescu and Robillard-Millette teamed up to beat Gamiz and Perez 6-3, 6-1 in the decisive doubles match.

THE CANADIAN PRESS

Lions sign kicker Waters

The B.C. Lions have signed American kicker and punter Swayze Waters to a one-year contract, the club announced Tuesday.

Waters won a Grey Cup with the Toronto Argonauts in 2012 and was named the CFL's top special teams player in 2014. The native of Jackson, Miss., sat out most of the 2015 season with a hip injury before inking a deal with the Carolina Panthers but he was cut last summer. THE CANADIAN PRESS

MAKE IT TONIGHT

Easy Mini Turkey Meatloaves



PHOTO: MARY WISNIE

Ceri Marsh & Laura Keogh
For Metro Canada

• 1 tsp Worcestershire sauce

Directions

1. Preheat oven to 375 degrees F. Warm olive oil in pan over medium heat. Add vegetables and the fennel seeds and allow to soften, 3 to 5 minutes. Remove from the heat and allow to cool a bit.

2. In a large mixing bowl, combine meat, oats, ketchup, sautéed vegetables, cheese and egg. Mix with clean hands or a fork. Use a 1/3 cup measure to scoop mixture and put it in muffin tin.

3. In a small bowl, mix 2 Tbsp of ketchup and 1 tsp of Worcestershire sauce. Use a small spoon to smear glaze over mini meatloaves. Pop in oven 40 minutes. The internal temperature for meatloaf should be 160 to 165 degrees F.

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Prep time: 15 minutes
Cook time: 45 minutes
Serves 4

Ingredients

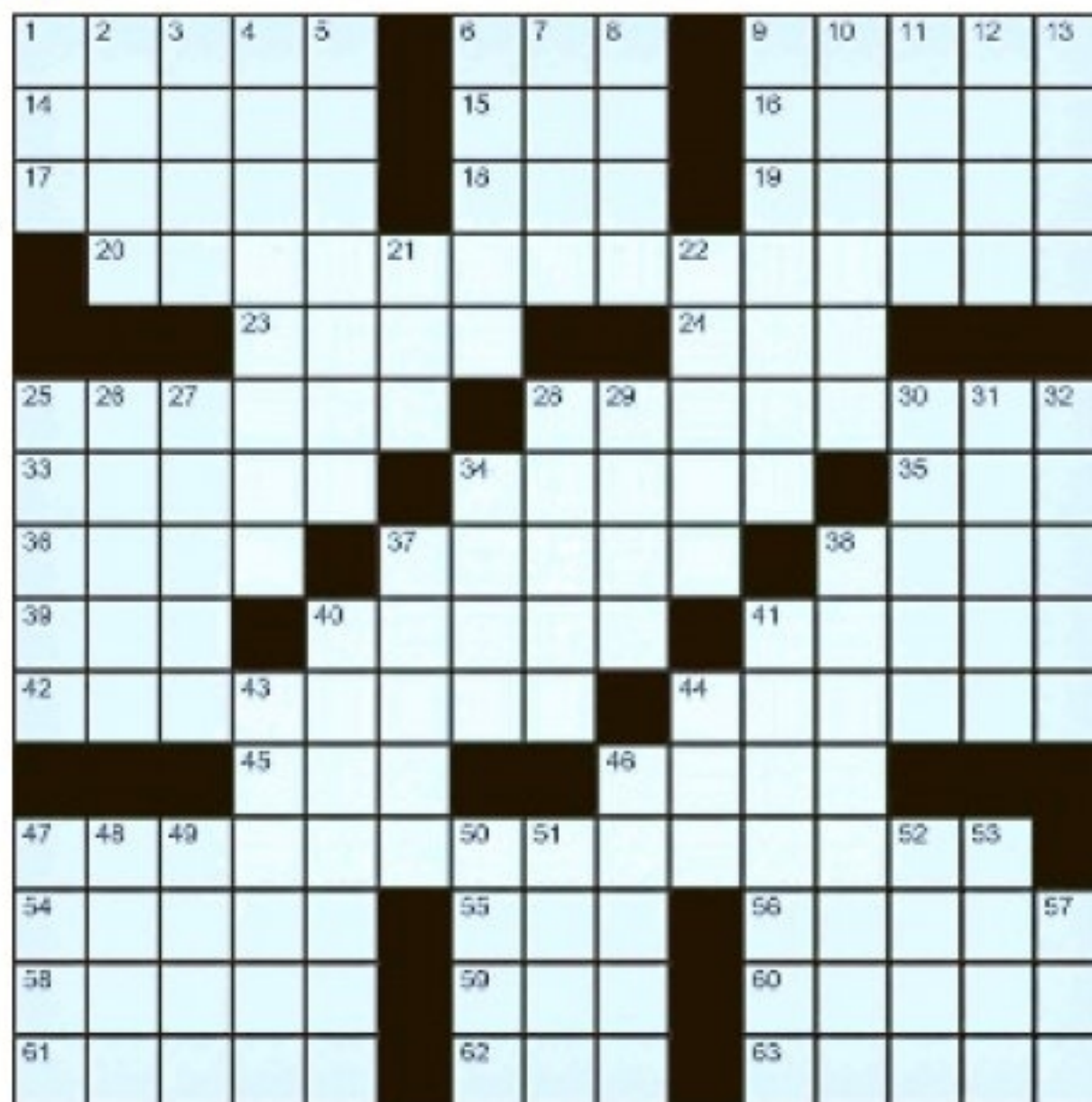
- 1 glug of olive oil
- 1/3 cup onion, diced on the fine side
- 1/3 cup celery, diced small
- 1/3 cup carrot, peeled, diced small
- 1 tsp fennel seeds
- 1/2 cup of rolled oats
- 1 1/2 pound of ground turkey
- 1/4 cup ketchup
- 1 egg
- 1/4 cup Parmesan, grated
- 2 Tbsp ketchup

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8. Street performer
9. Concentration
10. Restaurant where you can get anything you want in the Arlo Guthrie tune
11. Italian saint, Philip __

- Combing problem
- Simple
- Wane in the waters
- Like a fish's outers
- Horoscope sign
- Bay, Newfoundland
- __ song (Did what vocalists do)
- "Blue Ain't Your __" by Keith Urban
- To the __ (Fully)
- Parka parts
- Blatant
- United Kingdom country
- Bananas brand
- Wadingbird
- Tragically Hip's "Disaster"
- __ for Humanity
- Packing the goods for a cargo shipment
- "Honey Capital of Canada" town in Alberta
- Ex-airline
- CROUTONS-making ingredient, __ bread
- Allies vs. Axis arena [abbr.]
- __ Hers
- American writer James
- Irritating fly
- Alone
- Cincinnati's state
- 'N' of NS
- General

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is the second day in a row where things are volatile at home or with spouses and partners. Do what you can to keep the peace, because tomorrow is a much easier day.

Taurus April 21 - May 21
Something will create detours and delays in your daily routine today. Therefore, allow extra time for everything so that you have wiggle room for dealing with the unexpected.

Gemini May 22 - June 21
Something unexpected will affect your cash flow or finances today. You might find money, or you might lose money. Guard your possessions against loss or theft.

Cancer June 22 - July 23
Once again, the Moon is in your sign, at odds with another planet! You are too impulsive and trigger-happy. Just calm down and do not overreact, especially when talking to bosses.

Leo July 24 - Aug. 23
This is a restless day for you. Because of this, you could make an error in judgment. You also might say something you'll later regret. Be cool — who wants egg on his or her face?

Virgo Aug. 24 - Sept. 23
During discussions with friends or groups, something regarding shared property might blow you out of the water. Do not be hasty; do not shoot from the hip. Think before you speak.

Libra Sept. 24 - Oct. 23
Once again, your relations with parents and bosses are subject to surprises and interruptions. These interruptions might even include arguments. Don't say anything you will regret.

Scorpio Oct. 24 - Nov. 22
Travel plans will be interrupted, delayed or changed today. Likewise, school schedules, especially for colleges, universities and technical schools, might be unreliable.

Sagittarius Nov. 23 - Dec. 21
Double-check your bank accounts and anything to do with inheritances and shared property, because something might throw you for a loop.

Capricorn Dec. 22 - Jan. 20
People are impulsive and emotional today, which is why you have to maintain your cool. Avoid arguments with family members, partners and spouses.

Aquarius Jan. 21 - Feb. 19
Equipment breakdowns, computer glitches and interruptions to your work routine will be frustrating today. Prepare for the worst and hope for the best.

Pisces Feb. 20 - March 20
Parents should be vigilant about their kids, because this is an accident-prone day. Likewise, social events and anything related to sports might have sudden changes.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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